

Canine Anxiety Scale

(LCAS developed by the University of Lincoln)

For each of the statements below, please place a cross in the box which most accurately describes your level of agreement with how your dog behaves in general in this situation. Please consider whether your dog's behaviour is of similar intensity and occurs as frequently as described. For example, if in item 2 your dog always becomes a little excited when it is about to go for a walk, you would mainly agree with the statement. If your dog has never encountered the situation and you are unable to predict the behaviour, please use the not applicable option.



Name of dog

1. Running around

Severity:

1	2	3	4	5
Small amount (occasional burst of activity)	Rarely	Frequently	Every time	Extensive amount (continuously running around)

2. Drooling saliva

Severity:

1	2	3	4	5
Small amount (damp around mouth)	Rarely	Frequently	Every time	Extensive amount (pools of saliva)

3. Hiding (e.g. under furniture, behind owner, etc.)

Please indicate where:

Severity:

1	2	3	4	5
Small amount (retreats)	Rarely	Frequently	Every time	Extensive amount (will not be removed from hiding area)

4. Destructiveness (e.g. furniture, doors, carpets, etc.)

Please indicate which items tend to be damaged:

Severity:

1	2	3	4	5
Small amount (light scratching)	Rarely	Frequently	Every time	Extensive amount (e.g. holes in the wall)



5. Cowering (e.g. tucks tail flattens ears, etc.)

Severity:

1	2	3	4	5
Small amount (uneasy)	Rarely	Frequently	Every time	Extensive amount (petrified)

6. Restlessness/pacing

Severity:

1	2	3	4	5
Small amount	Rarely	Frequently	Every time	Extensive amount (fixed route continuously traced)

7. Aggression (e.g. growling, snapping or biting)

Severity:

1	2	3	4	5
Small amount (occasional growl)	Rarely	Frequently	Every time	Extensive amount (severe biting attempts made)

8. Dog freezes, not moving

Severity:

1	2	3	4	5
Occurs sporadically within an event	Rarely	Frequently	Every time	Most of the time

9. Barking/whining/howling

Please indicate which

Severity:

1	2	3	4	5
Small amount	Rarely	Frequently	Every time	Extensive amount



10. Panting

Severity:

1	2	3	4	5
Occurs sporadically within an event	Rarely	Frequently	Every time	Most of the time

11. Vomiting, urinating, defecating and/or diarrhoea

Please indicate which

Severity:

1	2	3	4	5
Small amount	Rarely	Frequently	Every time	Extensive amount

12. Owner seeking behaviour

Severity:

1	2	3	4	5
Seeks out owner occasionally during the event	Rarely	Frequently	Every time	Will not leave owner in any circumstance

13. Vigilance, scanning of the environment

Severity:

1	2	3	4	5
Occurs sporadically within an event	Rarely	Frequently	Every time	Most of the time

14. Finding safe places in the house (e.g. under the bed)

Severity:

1	2	3	4	5
Occurs occasionally in response to certain triggers	Rarely	Frequently	Every time	Occurs always in response to a wide range of triggers



15. Self harm

Severity:

1

2

3

4

5

Small amount
(e.g. licking feet)

Rarely

Frequently

Every time

Extensive amount
(e.g. broken teeth or nails)

16. Trembling or shaking

Severity:

1

2

3

4

5

Occurs occasionally
in response
to certain triggers

Rarely

Frequently

Every time

Occurs always in
response to a wide
range of triggers

TOTAL SCORE: