

# Dog Impulsivity Assessment Scale



(DIAS as developed by the University of Lincoln)

For each of the statements below, please place a cross in the box that most accurately describes your level of agreement: The answer should reflect the general personality of the dog, so for example, if a statement applies to your dog in some situations but not others, please make a judgement as to how much you agree.

Name of dog

For each of the statements below, please select the box which most accurately describes your dogs behaviour. If your dog has never encountered the situation or you are unable to predict the behaviour, please choose not-applicable.

**1. My dog shows extreme physical signs when excited (eg. drooling, panting, raising hackles, urination, lip licking, widening of eyes)**

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**2. When my dog gets very excited it can lead to fixed repetitive behaviour (i.e. an action that is repeated in the same way over and over again), such as tail chasing or spinning around in circles**

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**3. I would consider my dog to be very impulsive (i.e. has sudden, strong urges to act; acts without forethought; acts without considering effects of actions)**

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**4. My dog doesn't like to be approached or hugged**

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable



**5. My dog becomes aggressive (growl, snarl, snap, bite) when excited**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**6. My dog appears to be 'sorry' after it has done something wrong**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**7. My dog does not think before it acts (eg. would steal food if someone wasn't looking)**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**8. My dog can be very persistent**

**(eg. will continue to pester even if they knew it meant punishment or being told off)**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**9. My dog may become aggressive if frustrated with something**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable



### 10. My dog is easy to train

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

### 11. My dog is not keen to go into new situations

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

### 12. My dog takes a long time to lose interest in new things

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

### 13. My dog calms down very quickly after being excited

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

### 14. My dog appears to have a lot of control over how it responds

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

### 15. My dog is very interested in new things and new places

Severity:

1	2	3	4	5	6
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable



**16. My dog reacts very quickly**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**17. My dog is not very patient (eg. gets agitated waiting for its food or for a walk)**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**18. My dog seems to get excited for no reason**

Severity:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Strongly agree	Mainly agree	Partly agree or disagree/neither	Mainly disagree	Strongly disagree	Not applicable

**TOTAL SCORE:**